



SOUND MEDITATION

with Elena Camerin Young

During these sessions, you will be guided through a short meditation followed by intuitive sounds featuring crystal singing bowls, bells, small percussion, and voice.

For your comfort and the comfort of others, please avoid wearing tight clothing and perfumes.

Pricing:

Individual Sessions:

- 1 hour: \$100
- 30 minutes: \$60

Couples and Groups:

- 1 hour: \$180
- 30 minutes: \$95
- Additional participants: \$30 per person